



## MASTER LIFE COACH & TRAUMA SPECIALIST

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As a faith-driven and prophetic life coach, Dawn Churchill excels in providing compassionate guidance and tailored support to individuals navigating the intricate process of rebuilding their lives in the aftermath of profound challenges such as enduring severe abuse, neglect, criticism, or rejection. She leverages her expertise to create personalized strategies that empower individuals to heal from their past experiences, fostering resilience and assisting them in crafting a renewed sense of self-worth and purpose. Dawn's approach is grounded in understanding, empathy, and a commitment to helping her clients not only overcome their traumas but also embark on a transformative journey toward a more fulfilling and empowered life.

Empowered by grace, Dawn possesses an extraordinary ability to prophetically discern individuals' most profound mental, emotional, and spiritual blocks. This endows her with the wisdom to select precise words at opportune moments, and lead individuals delicately through the healing journey.

Having undergone a profound personal transformation arising from her own trauma healing journey—recovering from nine years of forced enslavement, sex trafficking, satanic ritualistic abuse, and occult brainwashing—Dawn has developed expert skills in aiding individuals grappling with PTSD symptoms stemming from narcissistic abuse, sexual trauma, and intense rejection. Proficient in delving into the depths of the human psyche, Dawn adeptly identifies and provides lasting solutions for the underlying origins of repetitive self-sabotage, feelings of worthlessness, and recurrent failures.

*Here are the 5 Pillars of Healing essential for complete deliverance from significant past trauma. This step-by-step process is outlined in depth through Be Made Whole trauma coaching & consulting services.*



## 5 PILLARS OF TRAUMA HEALING

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### **Pillar One**

Reshape your core beliefs, freeing yourself from negative thought patterns & sabotaging emotions formed by trauma. To do this you must identify recurring emotional triggers, and uproot deeply ingrained false belief systems through mindset development, mindset rewiring, and Biblical meditation.





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### Pillar Two

Overcome the impact of absent or abusive parents on your mindset, emotions, and relationships. To do this you must liberate yourself from an orphan identity, embrace God as your perfect parent, and dismantle anxious and/or avoidant attachment styles.



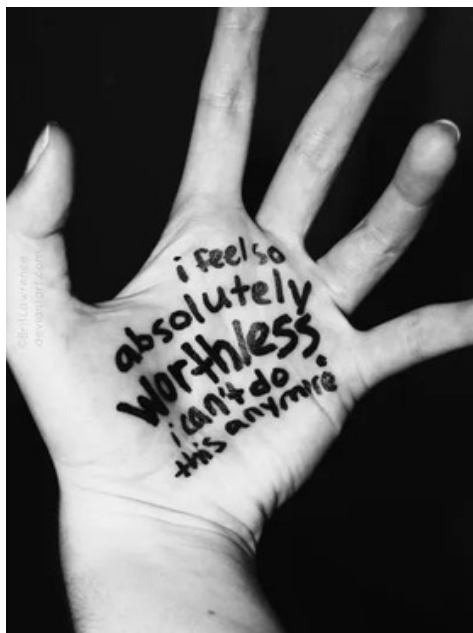


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### Pillar Three

Transform yourself from worthlessness and insecurity by embracing your inherent royalty as a son/daughter of God. To do this you must embody Christ's excellence within you, and gain expertise in self-perception aligned with God's true view of you.





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### **Pillar Four**

Attain freedom from dissociation, soul fragmentation, and wounds of the inner child, that have often produced symptoms of PTSD. To do this you must master the skills of eradicating anger, fear, and grief, replacing them with God's love, joy, and peace.







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### **Pillar Five**

Achieve a heart filled with tranquility, free from all traces of toxicity. To do this you must embrace total forgiveness, eliminating anger, hatred, and resentment towards others, oneself, and God.





## 5 PILLARS OF TRAUMA HEALING

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Each of the **5 Pillars of Healing** mentioned above is a separate process, typically **requiring 3 months of study** in each discipline.

Although you're free to pursue your healing journey independently, you may find that you need support. If so, please visit **<https://dawnchurchill.org/be-made-whole/>** for further assistance.

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