



THE GOODNESS OF GOD DAY ONE

Day 1

Psalms 84:11 Amplified Version

For the Lord God is a sun and shield; The Lord bestows grace and favor and honor; No good thing will He withhold from those who walk uprightly.

Close your eyes with me for a moment, and imagine the Lord God Himself, shining down his radiant beauty on you, illuminating your heart with the light of His love, leading you through every moment of this day with His patient guidance and counsel, and thereby protecting you from harm as his light and glory shield you from depression, oppression, and a heavy spirit. Imagine if you will, the warmth of his mercy, loving kindness, compassion, grace, and forgiveness washing over you until all that remains is the light of his favor upon your soul, the deep knowledge that He is always with you, watching over you, deeply interested in you, and intimately concerned about everything that concerns you. And because of his immense favor that rests on you, and his kindheartedness toward you, he leads you into situations and opportunities where you are shown favor, and honor, and goodness. Keep your eyes closed just a little while longer, and imagine all that goodness, and mercy, and generosity wrapped up into countless blessings, gifts of love, tokens of kindness, coming from the heart of a good, good father who only knows how to love with his whole heart. That is the goodness of our God! There is no evil in him, and no good thing that he would willingly withhold from us, his beloved sons and daughters.



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Journal Entry Topics:

- If you had a difficult time envisioning the image I just painted for you, what messages or contradictions about God's character were fighting against the image I portrayed for you? Ask Holy Spirit to give you revelation and record your thoughts.
- If you could be absolutely ensured that God is only good, and filled with gracious intentions toward you, how would that change your current relationship with Him?
- Additional scripture to meditate Jeremiah 29:11 "For I know the plans I have for you, declares the Lord. Plans to prosper you, and not harm you. Plans to give you hope and a future."

Affirmations to Pray/Speak over yourself:

- The goodness of God, his love, grace, and favor are shining down upon me every moment of today, leading and guiding me by his Spirit into wide open spaces of peace, joy, and contentedness.
- Nothing can separate me from the goodness of God, nothing can tear me away from the immensity of his loving kindness and tender compassions toward me.
- Surely (or only) the goodness of God is my portion, my inheritance, and my joy today, because my amazing Heavenly Father loves to cause my heart to rejoice with delight.



THE GOODNESS OF GOD JOURNAL PAGE

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